

# International Newsletter



Health workers for all  
and all for health workers



Teesside is ranked in the top three universities for 'overall average student satisfaction'.

Against institutions participating in the i-Graduate International Student Barometer summer 2008, autumn 2008, summer 2009, autumn 2009 and summer 2010.



We are one of the UK's most innovative universities with a community of around 1,900 international students from over 100 countries. We can offer you so much at Teesside – we'd love you to join us!

**WITH YOU EVERY STEP OF THE WAY**

# Welcome

## to our School of Health & Social Care

**Through our unit for health workforce development, we support countries across the world build and develop their health and social care professionals by way of teaching, consultancy and research. We have an exciting portfolio of courses and provide dynamic opportunities for our students.**



Here we introduce you to our worldwide partners, staff and students who are involved in providing, supporting and/or experiencing a range of our health care programmes – read the ‘new developments’ section to find out about our new courses on offer from September 2011.

We are in the world’s top three for student satisfaction (i-graduate International Student Barometer) and are proud to offer an excellent student-focussed experience. Our effective organisational partnerships speak for themselves. Find out more about health and social care at Teesside, UK and I hope you decide to come and study with us, or ask us to work with you on designing education and training.

**Liz Holey**  
Deputy Dean



### Top-quality courses and learning experience

- > Our physiotherapy students are the most satisfied with their course and nursing, radiography, midwifery and occupational therapy scored above the national average for student satisfaction in the UK (National Student Survey 2010).
- > We were voted University of the Year 2009 (Times Higher Education Awards).
- > We won the Outstanding Employer Engagement Initiative 2009 (Times Higher Education Awards).
- > Eight of our teaching staff have won National Teaching Fellowships.

### Fantastic facilities

- > Brilliantly equipped clinical skill facilities and specialist laboratories replicating community and home practice environments – with computerised life-size dummies.
- > Our library resources are one of the top ten best among all universities in the UK and number one in the North East (National Student Survey 2010).
- > We’ve clinched second place nationally for our facilities thanks to favourable student reviews on whatuni.com.

**WITH YOU EVERY STEP OF THE WAY**

# Some of Our Partnerships

## Malaysia – Universiti Teknologi MARA (UiTM)

**The School of Health & Social Care has been running programmes at UiTM for nearly 10 years and is currently planning for the 16th cohort of students to start in May 2011. To date over 250 students have successfully completed their programme, which usually takes two years. Our first programme was BSc (Hons) Applied Rehabilitation (Occupational Therapy and Physiotherapy). This has expanded to include BSc (Hons) Medical Imaging and BSc Nursing.**

Our programmes aim to develop students' professional skills, including clinical

reasoning and their ability to challenge assumptions and question values. The programmes have gained professional recognition in Malaysia, in particular occupational therapy and physiotherapy where staff have developed good links with the Malaysia Occupational Therapy and Physiotherapy Associations.

Recruitment to the programmes continues to increase with recent cohorts of up to 100 students. Many students join the programme because it has been recommended by their colleagues and managers who have either already successfully completed the course, or heard very positive comments about how it makes a change to the way individuals practise and their career progression.

Many of our students build on their success on the programme by progressing in their career; others have gone on to study at master's level (some at Teesside) or study for a PhD in countries including the UK, USA and Australia.

## Germany – Physio-Akademie

**In 2004 we developed an vibrant partnership with Physio-Akademie, a private physiotherapy educational provider in Wremen, Germany, which is linked to the ZVK, the physiotherapy professional body in Germany.**

**Since 2004 nearly 600 students have successfully completed our courses.**

In the future this successful and constructive partnership will focus on an articulation between the Physio-Akademie's Orthopaedic Manual Therapy programme and our MSc Advanced Clinical Practice programme Manipulative Therapy Pathway.



Graduation in Malaysia 2010



Princess Royal in our dental suite during the official opening of Centuria South

# New developments

## Our School is part of the Zambia UK Health Workforce Alliance.



Through this link, we are developing a partnership with the Chainama College of Health Sciences. On a recent visit a Zambian government minister told Assistant Dean, Bernie Wallis and Deputy Dean, Liz Holey that 'the college was central to the government's plan to build Zambia's healthcare system'.

We are now exploring the possibility of supporting the staff at Chainama to deliver our top-up degree. Many healthcare workers in Zambia work alone in rural and sometimes remote areas, so developing their skills and knowledge will equip them to deal with the particular challenges they face.



# New Courses

## BSc (Hons) Practice Innovation (Health and Social Care)\*

1 year full-time

Delivered at Teesside University

The course offers you the opportunity to complete the extra study required to top-up to graduate level. You to explore contemporary health care delivery in constantly changing and economically aware healthcare settings.

You have opportunities to engage in shared learning with other students across a range of course pathways. This enhances and enriches your learning experience and provides opportunities for students from differing cultural backgrounds to share perspectives on health and social care.

The course ensures progression beyond competence and develops qualities required for employment in situations requiring the exercise of personal responsibility and decision-making in complex and unpredictable circumstances. You develop an ability to deploy accurately established techniques of analysis and enquiry within your own area of practice and conceptual understanding which enables you to solve problems using ideas and techniques, some of which are at the forefront of the discipline.

You must be a registered practitioner in your own country, have an IELTS score of 6.5 and be qualified to diploma level, or previously studied at diploma level (achieving 120 Level 5 credits or equivalent).

Course starts September 2011

## BSc(Hons) Professional Nursing Studies

2 years full-time

Delivered at Teesside University

Are you a qualified nurse wanting to continue your professional development and achieve a degree in nursing?

This is a one-year full-time course delivered at Teesside University. You must be a registered practitioner in your own country, have an IELTS score of 6.5 and be qualified to diploma level, or have previously studied at diploma level (achieving 120 Level 5 credits or equivalent).

The programme is designed to cover health issues from a global perspective and is appropriate for nurses from both within and outside of the UK. It provides flexible learning opportunities and is designed to develop your critical thinking and analytical skills, as well as critical reflection and applying evidenced-based practice. Course modules include:

- > Research Skills for Evidence-based Practice
- > Effective Health Care Delivery Underpinned by Legal, Ethical and Professional Theories and Principles
- > Exploring Leadership in Health and Social Care
- > Pathophysiology and Management of Disease Processes.

Teaching strategies include e-learning, problem based learning and student centred seminars – this promotes both independent and collaborative learning. By successfully completing your course, you enhance your career prospects and are able to undertake further study and/or progress within your area of practice.

You must be a registered practitioner in your own country, have an IELTS score of 6.5 and be qualified to diploma level, or previously studied at diploma level (achieving 120 Level 5 credits or equivalent).

Course starts September 2012

## MSc Nursing\*

18 months full-time

Delivered at Teesside University

This exciting and innovative course is designed to ensure that the nursing profession is well placed to deal with the globalised challenges arising in current and future practice.

They include changes in population and demographic trends, shifts in patterns of health/illness and wellbeing, and political, professional and organisational working cultures. The course adopts an evidence-informed nursing approach by reviewing, synthesising and incorporating contemporary professional and political drivers. This ensures the profession remains dynamic, proactive and responsive in delivering safe, confident, competent and compassionate quality care and excellence in nursing practice.

The course:

- > Develops nurses who have the confidence and proficiency to promote the professional voice of nursing.
- > Develops nurses who can facilitate and enhance the patient/client experience through the creative and judicious use of knowledge and advanced skills in nursing practice.
- > Develops a professional body of nursing knowledge that allows the nurse to work in complex, demanding and unpredictable health and social care environments to the level of mastery.
- > Facilitates the development of study at post graduate level to search, retrieve, critically evaluate and synthesise current evidence base underpinning nursing practice and to undertake primary research.

You must be a qualified nurse and have an honours degree 2:2 or above in related subject and an IELTS score 6.5 or above.

Course starts September 2011

## Meet our staff

# Physiotherapy lecturer attends her fourth Commonwealth Games

**Julie Sparrow, Senior Lecturer in Physiotherapy had the great opportunity this year to work as a physiotherapist at the Delhi Commonwealth Games. 'I've been working with the GB gymnastics team for the past 22 years. I've been to two Olympic Games and this is my fourth Commonwealth Games. We're already gearing up for the 2012 Olympics.'**

Julie worked as a NHS physiotherapist for 18 years at Middlesbrough General Hospital and James Cook University Hospital before joining Teesside University as a lecturer nine years ago – returning to where she studied physiotherapy in the early 1980s when it was Teesside Polytechnic. 'The campus has improved a lot and is completely unrecognisable compared to when I was a student here, but one thing which hasn't changed is the quality of the people.'

During her time in Delhi Julie, whilst on 24-hour call, was involved in managing the

England gymnastics team's needs. 'I'm proud of what I've achieved and to be able to say I'm from Teesside when I meet with peers from other universities. I'm from this area originally and it makes me really proud to see some of our students go on to achieve great things.'

Julie hadn't visited India before but said that she was 'really interested in seeing how physiotherapists work over there. There is a lot of inequality in how wealth is distributed and many physiotherapists work where there is a lot of poverty.'



## Principal Lecturer, End of Life Care, visits Cambodia

**Gill Banks-Howe, Principal Lecturer in End of Life Care, says, 'it was with some trepidation I set off alone from Malaysia to Cambodia, having enjoyed two weeks teaching at MAHSA University College with my colleagues to support me. I need not have worried – Cambodia turned out to be both an enjoyable experience and a real education for me.**

'I met Dr Sabo Ojano, the international link for both the International University and Sen Sok IU Hospital in Phnom Penh. He arranged for me to share my experiences of palliative and end of life care with the

medical students studying in Cambodia. The demographics are different to England; Cambodia has 33% of the population under 14 years of age and only 3% above 65, whereas England has just 18% under 14 years of age and 15% above 65. As such, heart circulatory disease and cancer form the basis of our palliative care patients, where in Cambodia HIV and AIDS cause the highest mortality rate followed by other infectious diseases.

'Taking this into account, I concentrated on the human aspect of caring for patients and relatives. With Khmer as the national language and English a second language, and with no interpreters available, I am not sure how much the students understood. However, after the lecture some students

did venture up to me to ask questions, and this was heartening. I think it is fair to say I learnt as much from the students as they did from me, if not more.

'After this visit I went on to see a little of Cambodia. The killing fields are a sobering sight that is difficult to put into words. Rural areas in the jungle regions, floating villages on the Tonle Sap Lake and many temples including Angkor Wat in Siem Reap. I am left with memories of a beautiful country struggling to build a society, and I saw a spirit in the people to provide a better life for themselves and their families. I highly recommend this country as a wonderful place to visit; the Cambodians are gentle respectful people who welcome visitors to their lands.'



## A great place to live

- > Based in Middlesbrough with excellent transport links.
- > Overlooked by the magnificent North York moors and surrounded by wonderful coastline, countryside and historic towns.
- > Multicultural population with a friendly town-centre campus and vibrant student town.



## Erasmus physiotherapy visit to department at Wroclaw

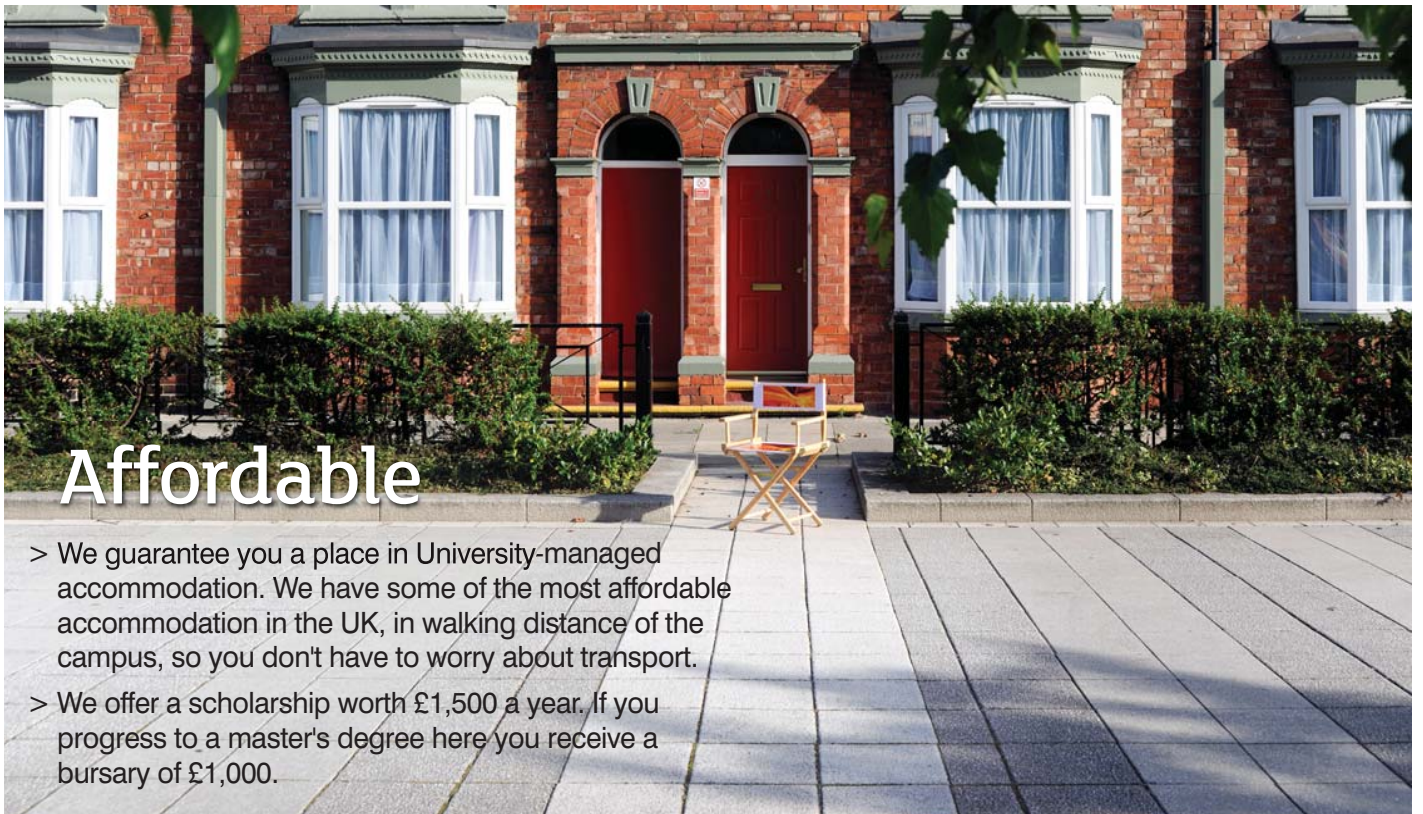
Steven Barr, Senior Lecturer Physiotherapy and Dr Marjorie L Wilson, Senior Lecturer, Human Physiology recently went on a successful and informative visit to the University of Wroclaw in Poland. Here we gained a detailed understanding of the development of physiotherapy curricula and the learning, teaching and assessment strategies utilised at the university. This experience and knowledge has been shared with our own physiotherapy team and will be used to inform current and future programme developments. During the visit the team explored the opportunities and potential for physiotherapy students at both Universities to embark on an Erasmus exchange.

# Social work education in Uzbekistan

**Senior Lecturers in Social Work Dr Terry Murphy and Helen Woolley from our social work team have been working in Central Asia on behalf of UNICEF, the United Nations children's organisation, developing social work education and services in Uzbekistan. Uzbekistan is the most populous country in Central Asia; about the size of the UK and with a population of nearly 30 million, it borders Afghanistan, and together with its fellow Central Asian countries, achieved independence with the break up of the Soviet Union.**

Teesside University has been helping academics and practitioners develop modern social work education systems, with a particular emphasis on moving away from the large impersonal institutions which dominated the soviet era services for children and people with a disability, and toward social work services in the community.

Over the course of several consultancy visits and internet-based work over the last two years, Teesside has helped develop training courses so existing staff working with children and families retrain as social work practitioners. These courses have been evaluated as excellent in independent international evaluations and Teesside is now advocating a National Institute of Social Work in Uzbekistan, and for a national organisation of social workers.



## Affordable

- > We guarantee you a place in University-managed accommodation. We have some of the most affordable accommodation in the UK, in walking distance of the campus, so you don't have to worry about transport.
- > We offer a scholarship worth £1,500 a year. If you progress to a master's degree here you receive a bursary of £1,000.

# 15th World Federation of Occupational Therapists Congress, Santiago



**In May 2010 Claire Brewis and Claire Smith from the occupational therapy subject group attended the 15th World Federation of Occupational Therapists Congress in Santiago, Chile. It was themed 'Sharing the World of Occupation from Latin America'. The congress aimed to demonstrate the commitment of occupational therapy to the well-being of people all over the world, particularly from low resource countries such as nations in Latin America. There was a focus on human rights and**



**occupational therapy, culture and occupation, occupational practice: past and future trends and occupational therapy education.**

The congress was attended by almost 2,000 occupational therapists and attracted keynote speakers from both South and North America. Claire Smith was invited to work with the occupational therapy international action group on human rights and delivered a paper, 'Finding a meaningful life through occupation: refugee



narratives from the UK'. Claire Brewis presented a poster on how the occupational teaching team has involved service users and carers innovatively in a range of learning and teaching aspects at Teesside. Networking opportunities were explored such as setting up an Erasmus exchange with a partner institution in Zurich.

Both were thanked by an occupational therapist from an early cohort on the Applied Rehabilitation top-up degree in Malaysia, from where she progressed to a PhD in the United States.

## Our students

# From Teesside to Tanzania



**Kate Smith has packed an awful lot into 26 years so far – undergraduate and postgraduate study, several trips to Tanzania and a whole host of work experience on top. Read about how and why she achieved all this and her study, work and plans for the future.**

Kate completed a BSc (Hons) Forensic Psychology degree at Teesside before working as a learning support assistant in a school for young people with autism. After becoming a learning support tutor at a school working with pupils with social, emotional and behavioural difficulties Kate decided to return to education. 'I really enjoyed doing my first degree at Teesside so, when I made up my mind to return to study to qualify as a health professional, I looked at what Teesside had to offer. The MSc Occupational Therapy (Pre-registration) looked really interesting and presented a lot of opportunities.'

Kate is considering working in paediatrics when she qualifies, 'I have also considered mental health. Mental health issues can

severely affect the individual's motivation and occupational therapy intervention can help them through their everyday activities.' Her interest in forensics has secured her a work placement in a young offenders prison this summer.

In between work and study Kate spent time in Tanzania. 'I first went to Tanzania in 2008. I teach English in a primary school in the last village up the slopes of Mount Kilimanjaro. It's a very remote, poor and deprived area. The experience has changed my attitude and made me realise I don't actually need half the things I have, and I appreciate much more the health care system we have in England. The school in the UK I work in has become a link school with a secondary school in Kilimanjaro; as a result we have introduced the global curriculum. Many of the children are socially deprived and have not travelled beyond where they live but they find the global curriculum, and learning about Tanzania, very interesting.

'In Kilimanjaro I was asked by locals running a volunteering company, Foot2Afrika, if I would help promote the company and I am now the UK volunteer co-ordinator. The

company recruits volunteers from overseas and offers tailored projects and activities with the aim of generating money for the community.

'And as a result of a course group project, I am part of a team who have entered the Blueprint competition. Our idea is an activity centre with occupational therapy intervention and multi sensory stimulation aimed at children with autism. Terry Bearpark, Enterprise Fellow, has been great in helping us meet with business people to help formulate our business plan.

'The reflective training on my MSc course has helped me make links between work experience, study and professional development. My tutors have been fantastic, especially my personal tutor Kate Atkinson. It's great that the tutors have been practitioners; they teach us the theory and then relate it to their experience in practice. There is a really pleasant atmosphere around the School and I feel part of a team, not just a student.'

To find out more about Foot2Afrika visit [www.foot2afrika.com](http://www.foot2afrika.com) or email [f2anewc@hotmail.co.uk](mailto:f2anewc@hotmail.co.uk).

# Yvonne Khoo J-Lyn, PhD student

**A musician by profession, Yvonne completed her undergraduate degree in her home country of Malaysia, majoring in Molecular Biology and Sociology-Anthropology.**

In 2006 she was awarded an Erasmus Mundus scholarship to undertake a Joint European Master in Water and Coastal Management at the University of Cadiz, Spain and University of Algarve, Portugal, which she completed in 2008.

Yvonne, who has a long-standing commitment to voluntary work, has always been motivated by helping others, and her PhD topic reflects this. She is investigating the effects of virtual-reality augmented rehabilitation in older people with chronic musculoskeletal pain.



## Friendly and supportive environment

- > Free English language tuition and study support which includes essay writing and exam techniques.
- > We have several international student advisers who can help you with many aspects of your study here.



# Get in touch

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