



January 2012 - 2nd Edition Newsletter

Welcome!

Please take a few moments to check out these current volunteering opportunities advertised on Volun-tees at www.voluntees.co.uk

New opportunities:

Mental Health Befriender – DISC

This opportunity will be valuable for anyone who wishes to develop their skills and knowledge around supporting people in the housing and mental health arenas and increase their experience within the advice and support field.

Access to DISC Induction Training, regular supervision, access to DISC internal vacancies appropriate training as identified by line manager.

Various opportunities – Guide Dogs

Including; dog exerciser, training dog boarder, collecting-box co-ordinator, driver, media assistant, photographer, videographer.

National Citizen Service Key Volunteer – Middlesbrough Volunteer Centre

Volunteers are needed to work with young people (aged 16) taking part in the National Citizen Service (NCS) in the Tees Valley area. The purpose of the role is to motivate young people and positively role model what it means to be a good citizen.

Working as part of a small team, volunteers will provide support to the key workers and will participate fully alongside the young people in all activities. They will be involved in the planning and reviewing of activities throughout all phases of NCS.

Volunteers will be working alongside NCS Team Leaders. Training in 'Safeguarding Young People' and 'Positive Approaches to Working With Young People' will be provided.

This is an ideal opportunity for people who would like to get experience in working with young people, or for those who would just like to get involved in this great scheme, now in its second year. Provides 193 hours of youth work experience.

Cyber Valley Digital Champions - Cyber Valley

Our aim is to build a team of expert volunteers who can share their existing or new found knowledge that will help friends, family members, work colleagues and anyone in their local area to develop the confidence to get online!

Digital Champions will have a range of benefits inc. a month's free gym membership to any Tees Valley Leisure complex, Training, Workshops, Networking, Competitions, Newsletter, Participation in national campaigns.

Training and support will be offered by our project leaders to help you understand your role. Champions will be provided with a handbook and training to use online resources to help your community get online. Good knowledge of computers and the internet required.

Volunteer Generalist Adviser – East Durham Citizens Advice Bureau

To interview clients and use Citizens Advice policies, procedures and information systems to give options depending on the clients rights and responsibilities.

Comprehensive training undertaken it takes about 4 months to train to be a generalist adviser and then a further 6 months to complete the generalist certificate programme.

Builds confidence Give face to face client experience Social setting with lots of support and training Nationally recognised volunteering that will have transferable skills to most Legal and Social sectors.

ILOP Tea Party – VIP Community Action

Volunteers needed to help on the 22nd February with a fun tea party for 60-80 people. We are hosting the tea party for Independent Living for Older People. Activities include serving food and drinks and interacting with older people.

Advertisers/Marketers Wanted! – VIP Marketing & Media

How creative are you?

There are lots of great projects for students to volunteer with. We need a small group of students who wish to gain experience in Marketing, to come forward, help out and have their designs posted up around the University. Next big project is to help with advertising/marketing National Student Volunteering Week (20-26 February).

Mascot Costume Wearer – Teesside Hospice

To attend fundraising events wearing mascot costume to present the positive aspect of hospice care. Gain confidence and have fun whilst helping raise vital funds for Teesside Hospice. Training on Sunny's mannerisms and gestures and how to correctly wear outfit. Sunny doesn't speak when attending events so just confidence to have some fun is needed!

Lottery Support – Teesside Hospice

To man stands at various venues e.g. at local supermarkets, James Cook Hospital and promote and sell lottery tickets for draws throughout the year.

Other events:

Challenging Behaviours and the Autism Spectrum: (Promoting Positive behaviours)

This full-day course is aimed at people who already have a basic understanding of the autism spectrum, who want to be able to understand and manage some of the behaviours which individuals on the spectrum have. This interactive training involves some group work and is fun and interesting.

Whenever possible we engage guest speakers who are on the autism spectrum on this course to explain their unique personal experiences.

Learning outcomes:

By the end of this course you will:

- Know the reasons why people on the autism spectrum have challenging behaviours
- Have proactive strategies in order to promote positive behaviours
- Be able to react appropriately when challenging behaviours occur

Dates in 2012: 22nd February, 14th June, 9th August, 16th October, 6th December

Time: 09.30am – 2.30 pm

Venue: TBC Lunch, refreshments and course materials included

Training delivered by: Helen Jaques, B Phil (Autism), Cert Ed, MfL
can also be delivered to individual organisations at own venue (min 6 participants)

Fees: £30.00 parents/unpaid carers/students £90.00 Professionals

The MAIN Event is a Community Interest Company (CiC). All our profits go to The MAIN Project; a charity which supports individuals and families on the autism spectrum.

To book onto this training please contact either events@themainproject.co.uk
or telephone 01642 277450

Impact Conference

[Impact](#) student volunteering conference, happening in **Oxford from 10-12 February 2012**. We think that staff and students involved with student volunteering at Teesside would find the conference an invaluable experience and we warmly welcome delegates from the university.

Through a range of workshops, seminars and discussions, as well as stalls, networking opportunities and events, the conference is a comprehensive opportunity for staff and students interested and involved in the sector to be informed about fundraising, marketing, project management, volunteer recruitment and the future of the sector, amongst many other themes and areas.

Tickets can be bought through our website at www.impactconference.org.uk, or by invoice through James Hubbard on 01865 264155 or socialaction@studenthubs.org.

Student all-inclusive tickets are £48 and staff tickets are £86. Without accommodation for the weekend, prices are £22 for students and £46 for staff.

Jayne and Trish

The Volun-tees Team

www.volunteers.co.uk