

## Ramadan 2020 (1441)

“This year Ramadan begins on the 23<sup>rd</sup> April.

Ramadan is the 9th month of the Muslim calendar. It is a month of fasting, prayer, reflection and community. It is during this month that Muslims believe the Quran was revealed to Muhammad. Ramadan is also one of the 5 pillars of Islam. It is seen, along with belief, prayer, Hajj (pilgrimage to Mecca) and charity, as something which strengthens faith.

The University has a Faith and Reflection team within SLS which offers support to our students of all faiths and none.

We have worked closely with our Muslim Associate Faith Advisers with regards to provision for our Muslim students during Ramadan 2020 as it falls within our summer exam period.

Having taken advice from our advisers, the University will be using its published timetable for summer 2020.

Students who have chosen to fast during the exam period should consider making sure that during the period of non- fasting they eat and drink enough to sustain them through the daylight hours. Drinking and eating small amounts often during the non-daylight hours is recommended. Advice on safe fasting is readily available [https://warwick.ac.uk/services/equalops/a-z/a\\_guide\\_to\\_healthy\\_fasting.pdf](https://warwick.ac.uk/services/equalops/a-z/a_guide_to_healthy_fasting.pdf)

The University is committed to supporting our Muslim staff and students during Ramadan. We have Muslim prayer rooms on campus and we also have a Reflection Room. These are situated in the Waterhouse building on the first floor where Wudhu facilities are also available. We recommend their use. We also have a Co-ordinating Faith Adviser who is based in the Student Life building. Together with our Muslim Faith Advisers we are able to provide pastoral support as and when needed. Our student ISOC is also available to offer support.