TEESSIDE UNIVERSITY
DOCTORATE IN CLINICAL PSYCHOLOGY
E-Bulletin – August 2017

Re-Accredited June 2017
Message from the Programme Director – Ash Summers

The last six months has been a time of change and achievement. I hope you find this latest version of the E-Bulletin informative.

Good-Bye to Professor Chris Colbourn

Professor Chris Colbourn, who has worked as Research Director for the Doctorate in Clinical Psychology Programme since 2004, left the University on 31 July 2017.

Chris leaves the University with the title ‘Emeritus Professor of Teesside University’. This is testament to his knowledge and expertise and the contributions he has made. Chris’s work for our Programme and the wider School and University have been vast and immeasurable. In particular, his guidance has had a huge impact on the research capacity of the Programme and as a team we will miss his sagely advice, research knowledge and eclectic wisdom. Indeed, the recent BPS accreditation of our Programme highlighted the work Chris has pursued over a number of years to refine the research component of the Programme.

As the Programme team we are working hard to ensure each aspect of Chris’s work is covered until a longer term solution is reached. Please bear with us at this time of change and transition.

We have a memory book for Chris, so that you can write him a message or detail a memory that you have of him. This is because we are acutely aware that our trainees and wider community have not had a chance to say good-bye to him. You can email this to us at the email address that we have set up for this purpose:

tees.dclinpsy@gmail.com

Re-Accreditation

As many of you will be aware, the Programme hosted a successful accreditation visit by the British Psychological Society on 7 and 8 June 2017. The Programme was re-accredited with no conditions. This is a wonderful outcome and testament to the hard work of the Programme team and the continued commitment and support of our stakeholders and all those who contribute to our Programme. This means that
graduates from the Programme are deemed to have met the requirements for Chartered Membership of the Society and full membership of the Division of Clinical Psychology. I am extremely proud of the accreditation report which highlighted a number of commendations which I have summarised here:

- The way in which the Programme has established itself over the past two decades, and the sustained record of positive impact on health and social care and meeting the diverse needs of services and service users in the region.
- The long-established relationship with external stakeholders which is evidenced in the strong ties with clinical supervisors, and the high regard in which the Programme is held by commissioners.
- The thoughtful management of change by the Programme Director, some of which has been experienced as loss, and has been profound and rapid. The team was also impressed by the resilience the team has shown in the face of these developments.
- The Programme team has sustained its commitment to developing trainees as effective practitioners and the ability to stay trainee-focused while paying attention to the changing needs of contemporary health and social care services. The Programme has worked with stakeholders to re-affirm a shared commitment to a broad-based training that meets the needs of clients locally, and equips trainees with a diverse set of therapy skills.
- The continuing strong emphasis on leadership and organisational competencies gives the Programme a distinctive identity, and is clearly valued by trainees and services alike.

We have plans to further develop teaching and placements in the third year to support trainees in building their skills in a range of models of therapy, through a combination of whole-group teaching and additional seminars based on trainees’ choices of final year placements. The BPS supported this approach and our commitment to facilitate trainees’ individual learning, to enable them to choose and shape their own direction as they develop as Clinical Psychologists.

There were also some recommendations for further enhancement which we are currently working on responding to, in conjunction with the University. The deadline for this response is the end of September 2017. The Accreditation Report is available, please do let me know if you would like to receive a copy.

Thank you to all of you who assisted with this important event. Our next accreditation visit is scheduled for 2022-2023!

**Summer Graduation 2017**

It was wonderful to join our 2016 graduates and their families as they graduated on 20 July. There is no longer a winter graduation at Teesside, so we hope that for our graduates it was worth the wait! Dr Richard House and Dr Lisa Caygill were able to join them for the ceremony.
Clinical Practice Update:
A fourth Teesside Accredited Supervisor Training (TAST) course ran between May and June, again with very positive feedback.

Our next Advanced Supervisor Workshop is being finalised and we hope will run October or November 2017. This Workshop will focus upon CBT supervision and competency assessment.

We had our last Clinical Practice Working Group 27th April 2017, which was very well attended and led to some really interesting discussions. This is a forum for the course to update clinical supervisors (and vice versa), understand / explore any pressing issues and generally enhance the connection between the course and our clinical practice supervisors. Thanks to all who attended and can I please encourage our NHS reps to attend our next planned meeting on Thursday 5th October 2017 from 9.30am – 11 am (or find alternative reps).

Following the successful BPS accreditation visit we continue to work on refining the clinical practice documentation to reflect HCPC & BPS requirements. Please note that all documentation relating to placements (including guides) can be found on https://sohsc.tees.ac.uk/sites/practices-upport/index.cfm/clinical-psychology/.

We continue to seek feedback so please do get in touch - any feedback is very welcomed.

Please do not hesitate to contact any one of the team if you have any comments or queries (details below):

Dr Angela Prout, Lead Clinical Tutor
Email a.prout@tees.ac.uk

Dr Alex Shaw, Clinical Tutor
Email a.shaw@tees.ac.uk

Dr Richard House, Clinical Tutor
Email r.house@tees.ac.uk

Academic Working Group Update:

The Academic Working Group is currently engaged in two major pieces of work - 1) mapping the curriculum against therapy competences, in accordance with the requirements of the BPS; and 2) undertaking a review of the whole academic curriculum, to ensure that it is in line with current developments in both research and clinical practice, and continues to offer trainees the skills and knowledge they require at each stage of their development. The course team appreciate the commitment and support of all members of the Working Group in carrying out these important tasks.

The next meeting of the Working Group will be held on Thursday 5th October 2017 from 11.15am to 12.30pm in The Curve (Room T2.13). In addition to reviewing the work described above, we plan to discuss a proposal for a collaborative CPD initiative between the University and local practice
communities - we hope that as many as possible can attend, to contribute their ideas.

Please contact:
Raymond Chadwick, PPD Tutor
R.Chadwick@tees.ac.uk
Steven Muncer, Research Tutor
S.Muncer@tees.ac.uk
if you have any queries about the above.

**Academic Tutor (Recruitment and Marketing) Update:**
The programme received 311 applications from Clearing House for the 2017 intake. This is a 10% increase in comparison to 2016. Interviews were held in the Curve throughout April and May 2017. We are delighted to welcome the new cohort of 14 trainees who will be joining the programme in September 2017.

Our postgraduate open day is due to take place on **Wednesday 6th September 2017 between 5-7pm**. For any prospective applicants wishing to attend, they can book a place at: sohsc.events@tees.ac.uk.

The Recruitment and Marketing Working Group met most recently on: Monday 3rd July 2017. The group was well attended and the continued support from stakeholder’s is much appreciated. The dates have been confirmed for next year’s interview week which will be held between 9th-13th April 2018. Prior to this date, work is being completed within the group to continue to develop the shortlisting criteria and the interview process.

**2017 Trainee Research Presentations:**
The annual conference of third year thesis presentations was held on 29 June 2017. This was a great opportunity for our trainees to share their research.

The trainees presented a wide variety of research projects and methods:

- **Peter Barrett**

- **Katie Bell**
  Navigating the journey of restructuring the self whilst experiencing the unknown: A grounded theory study exploring the psychological effects of Guillain-Barre syndrome.

- **Clive Bellis**
  Attentional bias in adults with non-epileptic Seizures.

- **Luke Boothroyd**
  Psychometric analysis of the PHQ-9, GAD-7 and WASAS used with service users, including those with low literacy and numeracy ability and service users with a known learning disability.

- **James Conway**
  Investigation of inter/intra-individual differences during various information processing tasks between patients with multiple sclerosis and healthy controls.

- **Christy Ford**
  A grounded theory of Schwartz rounds: Before, during and after.

- **Helen Gajdus**
  The lived experience of people with psychosis being detained under the Mental Health Act

- **Hayley Lyon**
  “You go on a bit of a journey with each of them.” An interpretative phenomenological analysis of the experiences of staff working in a female forensic learning disability service.

- **Ashleigh MacDougall**
  Assessment and diagnosis of personality disorder in forensic learning disability: An
interpretative phenomenological analysis of clinicians’ experiences.

- **Samantha Rankin**
The experiences of specialist palliative care nurses in discussing assisted dying: A unique conversation?

- **Tamsin Williams**
Meningioma and mood: An exploration of the effects of meningioma upon levels of anxiety and depression.

We would like to congratulate each of the third years in their completion of their projects.

If anyone would like to give feedback on the day, please contact Dr Alan Bowman or Dr Steven Muncer.

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**Welcome to our new cohort and goodbye to those leaving us:**

We are welcoming our new cohort of 14 trainees to the programme in September 2017. Their names are as follows:

- Domanic Caveney
- Peter Collins
- Samantha Crawford
- Claire Farrow
- Chloe Hole
- Jake Hutchinson
- Rachel Jack
- Hayley Kirk
- Lewis Marston
- Laura Marshall
- Gayle Robinson
- Christopher Rosenbrier
- Fiona Wood
- Abbie Woodhouse

We would like to wish our current 2014 cohort well as their journey as Trainee Clinical Psychologists comes to an end on 22 September 2017. They have all secured posts as Clinical Psychologists to start later in the year, many of them staying locally. They will be an absolute asset to the services they work within and we are very proud of their achievements. Well done and good luck to them in their future careers!

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**Research Dissemination:**


Wade, H., House, R., & Bowman, A.R. (In preparation). The Lived Experiences of Staff in Understanding Spirituality and Attending to the
Spiritual Needs of Older People with Mental Health Problems in Hospital: An Interpretative Phenomenological Analysis (IPA). Journal TBC


Stevens, L.H. (In preparation). What if the psychosis was linked to trauma? In D. Turkington & H. Spencer (Eds.), Back to Life 2: CBT informed caring for schizophrenia and other psychoses . UK, Cambridge University Press.


Craven-Staines, S. & Williams, T. (In Press). Resilience in the face of change’ – 23rd National ACAT conference, the benefits of working with over 65s – our reflections on why the evidence base is so limited. Reformulation.


**Events for your diary in 2017:**

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**School of Health & Social Care**