

# PERSONAL

S

Start early.

T

Take a look at the advice on the UCAS and University websites – [tees.ac.uk](http://tees.ac.uk)

A

Avoid using clichés like ‘ever since I was a child...’

T

Think about what relevant skills, experience and qualities you have.

E

Evidence – always give examples of the skills you mention and say how they are relevant.

M

Make sure you understand what is required to study the course.

E

Enthusiasm – explain why you are interested in the subject.

N

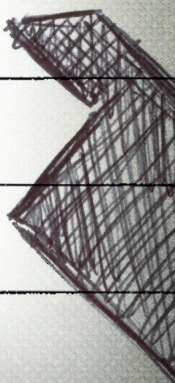
Never copy text from elsewhere – it will be checked electronically.

T

Take your time and ask someone to check it for you.

S

Spelling and grammar must be accurate.



I

Important documents – bring everything you need.

N

Never be late – arrive 30 minutes early to allow time to settle in.

T

Take a copy of your personal statement and make sure it is fresh in your mind.

E

Ensure you prepare a couple of questions to show you've done your research.

R

Remember to dress smartly – it shows you are taking it seriously.

V

Voice – speak clearly, confidently and enthusiastically.

I

Is your body language positive?  
Make eye contact and don't slouch.

E

Express why you want to study that course and what skills you have.

W

What made you want to apply to Teesside University?

S

Stay calm and be yourself.



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Find out more

**tees.ac.uk**