

Continence Management

Continence management is a huge issue in the care home setting. 50% of residents have urinary incontinence and many more suffer with an array of impactful urinary symptoms. Better management improves health outcomes and prevents the consequences of mismanagement, which include infections, falls, medical emergencies and hospital admissions.

Professor [John S Young](#) is an internationally recognised expert in continence management and has previously been commissioned by Health Education England to provide continuous professional development to NHS England employees, and by TENA, to write content for their webpages. He has developed this bespoke programme to help develop improved practices in all aspects of continence management.

This part-time, online course is medically accurate and up to date. It has been developed with stakeholders within the care home sector and the national healthcare provision.

There are no entry requirements; and the course can be studied on multiple devices to ensure you can learn at a time and place to suit you.

The course fee is £20.

What you study

The 14 modules cover the following topics:

- > Catheters
- > Diagnosis
- > Dignity and continence care
- > Falls and fractures
- > Hydration
- > Incontinence-associated dermatitis
- > Infection control
- > Managing side-effects
- > Mental health and neurodegenerative disease
- > Nutrition
- > Personal care
- > Treatment: frailty
- > Treatment: general
- > Urinary system in health and disease

How you are assessed

You take a ten-question multiple choice assessment before and after each module to keep track of your progress and monitor your learning. The pass mark for each module is 80%.

Entry requirements

This course is accessible to anyone and there are no entry requirements.

Career opportunities

You will be more confident and competent in the management of continence, within the care home setting. This is a professional development course which may lead to further study and career progression.

How to apply

On the [course page](#) there are options to enrol as an [individual](#) or to be [invoiced](#).

For further information

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